

Initial Exam    Re-Evaluation    Release

# GENERAL EXAMINATION

**PATIENT** \_\_\_\_\_

Onset of Chief Complaint(s): \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

Past History: \_\_\_\_\_

\_\_\_\_\_

<b>VITALS</b> →	Height _____	Weight _____
	PR _____ /min	RR _____ /min
	BP _____ / _____	

**SEVERITY of PAIN** —  Minimal    Slight    Moderate    Marked

**QUALITY of PAIN**    Sharp    Stabbing    Dull Ache    Sore    Stiff    Burning    Tingling    Numb    Shooting    Throbbing

**FREQUENCY of PAIN**    Constant (70% - 100%)    Frequent (51% - 75%)    Occasional (26% - 50%)    Intermittent (25% or less)

**RADIATION of PAIN** \_\_\_\_\_ /Weakness of Extremities \_\_\_\_\_

WHAT EASES PAIN? \_\_\_\_\_ WORSENS PAIN? \_\_\_\_\_

PAIN AFFECTED BY TIME OF DAY? \_\_\_\_\_

• Occupation \_\_\_\_\_ Stress Level \_\_\_\_\_

• Physical Demands \_\_\_\_\_

Time of Work for this Condition: \_\_\_\_\_

\_\_\_\_\_

Cervical ROM: \_\_\_\_\_ Px Location \_\_\_\_\_

*Active*

Flexion \_\_\_\_\_ / 60 \_\_\_\_\_

Extension \_\_\_\_\_ / 50 \_\_\_\_\_

R Lat Flex \_\_\_\_\_ / 40 \_\_\_\_\_

L Lat Flex \_\_\_\_\_ / 40 \_\_\_\_\_

R Rotation \_\_\_\_\_ / 80 \_\_\_\_\_

L Rotation \_\_\_\_\_ / 80 \_\_\_\_\_

Lumbar ROM: \_\_\_\_\_ Px Location \_\_\_\_\_

Flexion \_\_\_\_\_ / 90 \_\_\_\_\_

Extension \_\_\_\_\_ / 30 \_\_\_\_\_

R Lat Flex \_\_\_\_\_ / 20 \_\_\_\_\_

L Lat Flex \_\_\_\_\_ / 20 \_\_\_\_\_

R Rotation \_\_\_\_\_ / 30 \_\_\_\_\_

L Rotation \_\_\_\_\_ / 30 \_\_\_\_\_

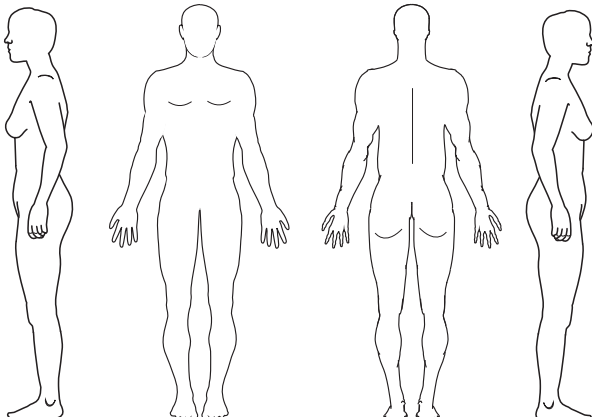
<b>OBSERVATIONS</b> AP Curve	WNL	INCREASED	DECREASED
	Cervical	Thoracic	Lumbar

<b>SHORT LEG</b>	R	L
Apparent	True	True

Angle of Trunk Rotation \_\_\_\_\_

**OBJECTIVE FINDINGS**

- POSTURE ANALYSIS
- \* PAIN UPON PRESSURE
- TRIGGER POINT
- ☞ SPASM



SUBLUXATION AREAS ADJUSTED							
L	CERVICAL	R	L-Rib	L	THORACIC	R	R-Rib
	OC			1T			1L
	AT			2T			2L
	AX			3T			3L
	3C			4T			4L
	4C			5T			5L
	5C			6T			SAC
	6C			7T			R11
	7C			8T			L11
				9T			COC
SUPINE ACTIVATOR DROP TRACTION				10T			SIDE POSTURE ACTIVATOR BLOCKS LOGAN DISTRACTION
				11T			
				12T			
				ANTERIOR POSTERIOR DROP ACTIVATOR			

<b>SCOLIOSIS</b>	Convex	L	R	ABSENT	MILD	MODERATE	MARKED
	Cervical	Thoracic	Lumbar	Other:			

<b>Antagic Lean</b>	LEFT	RIGHT	ANTERIOR	LUMBAR	CERVICAL
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<b>DYNAMOMETER (Kilograms)</b>			
	1	2	3
<b>L</b>	_____	_____	_____
<b>R</b>	_____	_____	_____
Handedness			
	Right	Left	Ambi

